

“KINGA”

IN SWAHILI, IT
MEANS ‘TO PREVENT
OR SHIELD’

WHO WE ARE

Kinga Africa is a non-governmental and non-profit making organization that is not based on any religious or political affiliations. Here at Kinga Africa our aim is to prevent future generations from making negative health choices, thus, improving their quality of life. We exist to promote health among poor African communities.

Through community outreach to schools, orphanages, churches and other institutions we give the people mostly children the tools and knowledge to look after their own health. We fill in the doctor-patient gap by organizing free dental camps that offer different services free of charge.

Kinga Africa is also very passionate in fighting Infant oral mutilation.

DONATE

Monetary donations can be made online or by contacting one of our representatives directly. We welcome all donations no matter the size, as we are a not for profit, completely volunteer supported organization.

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Kinga  africa



WE ARE PEOPLE WITH
PASSION TO
ENHANCE THE
HEALTH OF
COMMUNITIES IN
AFRICA.

WE ARE
KINGA AFRICA



SMILES FOR A LIFETIME

OUR MISSION

Preventing negative choices through educating and empowering communities for their future

OUR VISION

Enhancing Communities health



WHAT WE DO

Through community outreach to schools, orphanages, Churches and other institutions we give the people mostly children the tools and knowledge to look after their own health. Information allows the people to make more informed decisions about their health. With our education programs on dental hygiene, and by providing the participants with simple supplies such as a toothbrush and toothpaste, this opens the door to further education and better dental hygiene in these communities.

PROGRAMS

SMILES FOR A LIFETIME

This program aims to equip people mostly children with good oral health practices and hygiene to help reduce dental problems. It targets schools, churches, orphanages, and other institutions. We teach and equip communities on the best way to look after their own health. Our volunteer health educators visit schools and organize education sessions for students. Our lessons include oral health, hand washing and menstrual hygiene.

Our volunteers teach the children in an interactive and engaging way and after the lessons we give them free toothbrushes, toothpaste sanitary towels and educational materials.

ACTION AGAINST INFANT ORAL MUTILATION

The communities we work in, believe that teething causes diarrhea and fever. To remedy these, they take the children to traditional 'doctors' who extract the un-erupted teeth without anesthesia in very unhygienic environments.

This causes deaths and also infects children with HIV and other infections. We educate the communities and train teachers and community health volunteers on the dangers of this out dated myth



FREE DENTAL CAMPS

This targets the wider community, with free dental checkups, treatment and talks for good oral hygiene. This is an advancement and further education tool resulting from the initial contact with students in schools. We use the camps as awareness grounds for Infant oral Mutilation We are planning to build community health centres to increase access and affordability of health services, more so dental care.

GET INVOLVED!

Help us out! We are currently in need of:

Hygiene Products
 Toothbrushes
 Tubes of toothpaste
 Dental floss
 Sanitary towels
 Soap

Promotional Materials
 Posters, handouts, pictures of dental hygiene, etc.

VOLUNTEER PROGRAM
 "If you want to go fast, walk alone, if you want to go far walk with people." -Nelson Mandela.
 With this in mind, we know that together with others, we can do more. We have open opportunities for all

- Oral Health Educators
- Medical / Dental Volunteers
- Fundraisers / Grant Writers
- All trainable volunteers

To join us in our project visit our website
www.kingafrica.org